

EVERY HOME IS A CLASSROOM, AND EVERY PARENT A TEACHER.

Dear Parents,

As we celebrate Teachers' Day this month, it's the perfect time to reflect on a simple yet profound truth: a child's first and most influential teachers are their parents. Long before a child enters school, they begin learning from the world around them — and home is the very first classroom.

Every word you speak, every habit you model, and every value you uphold shapes your child's personality, attitude, and character. While schools play an essential role in academic learning, the foundation of emotional intelligence, empathy, discipline, and resilience is built at home.

The Power of Parental Influence

- Children/adolescents observe more than they listen. Your actions, conversations, and reactions silently teach them values.
- Early learning — curiosity, confidence, and communication — begins through everyday interactions.
- Emotional security and a sense of belonging form the base for a child's academic and social success.



Practical Tips for Parents

- Be a Role Model

Teens observe how you handle stress, conflicts, and relationships more than what you advise them.

- Keep Communication Open

Listen without judgment. Encourage them to express feelings, fears, and opinions freely.

- Set Healthy Boundaries

Give freedom with responsibility—balancing trust and discipline.

- Guide Them Through Peer Pressure

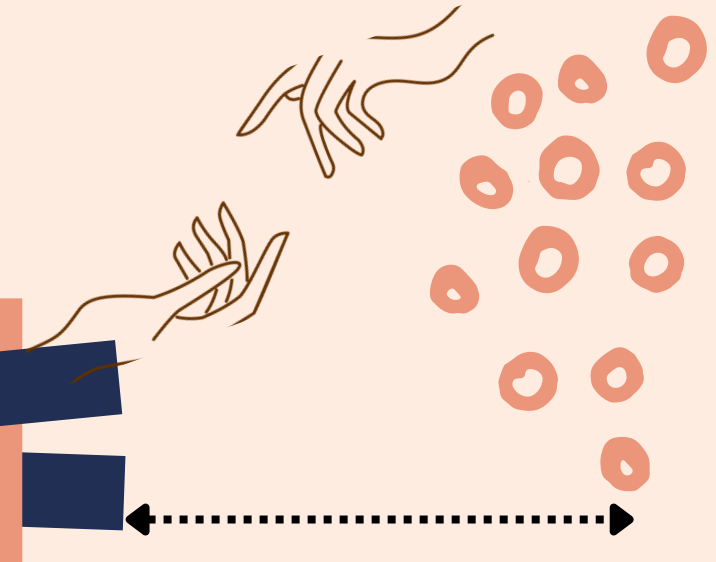
Discuss real-life scenarios and help them practice saying “no” assertively.

- Encourage Critical Thinking

Talk about online content, media influence, and trends. Help them analyze, not just absorb.

- Prioritize Emotional Well-being

Validate their feelings and normalize discussions around mental health.



As our children grow, our roles as parents and teachers evolve — from instructing them to guiding and mentoring them. Let's work hand in hand with the school to create an environment where adolescents feel heard, valued, and empowered.

